

**In order to be loved by the Father and the world become a jewel of contentment
and remain free from being influenced by any situation.**

Today, Baba was seeing the contented souls everywhere. The jewels of contentment are spreading the sparkle of their jewels everywhere. The greatest stage of all is that of contentment. Those who are constantly content are loved by everyone. You are loved by the Father anyway. Those who have all attainments remain constantly content. The basis of contentment is having all attainments and this is why such souls are loved by all Brahmin souls. To have all attainments means to be constantly content. A contented soul makes an impact on the atmosphere, and all attainments are a gift from God. Souls who have received all powers, all virtues and all treasures from God remain constantly content. The stage of a contented soul constantly progresses. Situations cannot influence a contented soul because, where there is contentment, there are automatically all powers and all virtues. The one virtue of contentment is able to attract many other virtues. So, each one of you should ask yourself: Am I a soul who remains constantly content? A contented soul is always close to everyone and has a stage equal to that of the Father. However, in order to remain in this stage, you need to have a very detached and trikaldarshi stage. Such a soul is trikaldarshi in everything he does, that is, in every situation he will first discern its three aspects of time and then act. For this, two things are necessary. Those two things are relationships and wealth. Relationships are imperishable and wealth is imperishable and they are attained from the imperishable Father. When you souls have received imperishable wealth and relationships, you are constantly content and become deeply loved by the Father and all souls. Then, when Maya comes in any form, you do not become afraid. You then feel as though a *Mickey Mouse* film is being shown on the unlimited screen. You are then not distressed. On seeing the *Mickey Mouse* film, you are entertained. You experience the games of *Mickey Mouse* on the unlimited screen as different forms of Maya. All of you have to experience such a stage through the Father and you have all done that.

BapDada is seeing that you remain fearless and have stable and concentrated intellects and do not fluctuate in any situation. You are constantly such victorious souls. The Father has a pure desire for each of you children: that each child becomes constantly victorious and shows the Father your victorious form. So, each of you can ask yourself: Who am I? BapDada told you earlier too that, now, according to the time, you have to remove the word “sometimes” from the Brahmin *dictionary*. Since you are going to claim your inheritance from the Father for all time, you need to have all attainments for all time because you are the lamps of hope who will fulfil the hopes in the Father’s heart. There cannot be the word “sometimes”, even in your thoughts. Why? Because you are constantly with the Father and you are the Father’s companions. You are the ones who stay with the Father and, as His companions, you carry out the task of world transformation.

So, speak! You have received this blessing of “sada” (constantly) from BapDada, have you not? In fact, as soon as each child takes birth, BapDada always gives this blessing: May you be constantly yogi and pure. Whatever attainments you receive through that blessing are for all time, not for some time. So, all of you children have a right for all time because, even if it is the *last* child, the Father has love in His heart for all the children. Even great, eminent people who consider themselves to be wise are not able to recognise the Father, whereas the *last* child of BapDada has recognised the Father. All of you say from your heart: My Baba, and this is why the Father has eternal love for every child, which is why each child has received the Father’s blessing. Every day BapDada gives the same blessing to all of you children at the same time, even though you are numberwise. Although all of you children are numberwise, every day, as soon as a child says: My Baba, he claims a right to the blessing. Whether you children are living in *India* or abroad, each of you children receives the same blessing from BapDada, and, having received the blessing, you become happy. However, there are two types of children. One type is the children who definitely become happy that they have received a blessing, but the ones who claim a *number* ahead are not those who become happy just seeing the blessing and speaking about it, that this is their blessing, but those who make their blessing fruitful. They take the benefit of the blessing and attain fruit from that blessing. You have the seed but, if you do not make the seed bear fruit, that is, if you do not make it fruitful, then there is just happiness. In order to obtain fruit from the blessing, just as with any other seed, it needs water and sunshine, for only then would it bear fruit. So, here, too, when each of you children wants to extract fruit from your blessing so that expansion can take place, so that there is growth in your own mind through the fruit of the blessing, then, here, too, the Father says: In order to extract fruit from the blessing, repeatedly take that blessing into your awareness. Remain stable in the stage of an embodiment of awareness. This does not mean to keep remembering it again and

again (simran). To have that awareness (smruti) means to give it water, and to remain stable in that form is to give it sunshine. So, by it becoming fruitful, you fill yourself with a lot of power and you can also give others an experience of power through that fruit.

So, what does BapDada now want? For some time, BapDada has been *warning* all of you children about the time. The time for the *result* of each child's study is going to come suddenly. For this, remain constantly *ever-ready*. Along with that, BapDada is also giving a signal that it is now the time to make intense effort for the flying stage. Not that you are moving along, but that you are flying. The time for making *common* effort - spending your day in an ordinary way - has now passed, and this is why BapDada is giving you this signal: *Check every second* and every thought. For instance, if you are not making intense effort, if you are making ordinary effort for an hour, and if the time for your *final paper* comes suddenly during that one hour, then that final moment will lead you to your destination, and that ordinary effort of one hour will then cause so much damage. This is why, from time to time, BapDada gives each of you children a signal about the importance of every thought, every second and every moment. Only an intense effort-maker is able to make effort to remain unshakeable at the time of upheaval. An ordinary effort-maker will take time to become *ever-ready*, whereas BapDada has said that you have to put a dot, a *full stop* in a *second*. What happens if you are not making intense effort? You are experienced in this. Instead of a *full stop*, it would not become a *question mark*, would it? A *full stop* is so easy, whereas a *question mark* is crooked. As soon as you say: *Full stop*, a *full stop* should be applied. Not a *comma* or even an exclamation mark. You won't even have time to think: What should I do? No child yet is able to understand that to make such fast effort means to *pass* the *paper*.

BapDada sees that, even now, due to one reason or another, the questions: Why?, What?, How?, "Like this", are visible in some children's daily *charts*. BapDada has seen that in the *charts* of many, a wave of *waste thoughts* takes up a lot of time, and the speed of *waste* is so fast: one hour of ordinary thoughts is equivalent to one *minute* of *fast* thoughts. Therefore, today, BapDada was looking at the contented souls who are loved by everyone and by BapDada. The language of: "Why?", "What?", etc. will not enter the thoughts or even the dreams of a contented soul, because that soul will be able to use the three special things at the right time, the three dots: the soul, the Supreme Soul and the *drama*. This is because, at such a time, your treasure store of the powers is essential, and a *master* almighty authority is one who is able to *order* a particular power at any time, so that that power becomes present at that time. You might want the power of tolerance but, instead of that, if the power to face comes, then, although it is a power, that power is of no use at that time. So, the key to all treasures is the three dots: yourself, the Father and the *drama*.

BapDada has one thought: should He tell you? You will have to do it. Those who are ready to do it, raise your hands. You will have to do it. Since you are raising your hands, you will have to do it. Are you raising the hand of your mind or of your physical body? The hand of your mind is strong. According to the time, BapDada has this pure desire for each child: you are going to meet the Father again in 15 days' time, and so, for the next 15 days, use this special practice as a *trial*. In fact, you have to remain like this for all time, but have a *trial* for 15 days and also get the centres in *connection* with you to do this. Go there or phone them and remind them: Are you doing your *homework*? What is your *homework*? It is *easy*! Each one of you *crosses* through different *circumstances* and situations, but for these 15 days, each one of you has to claim 80% *marks* at the very least in your thoughts, words and actions. Nevertheless, BapDada is giving you a margin of 20%. Do you agree? Do you agree? Should Baba give you this? Should Baba give you this work? OK, 15 days. Maya is also listening. Situations will come, but do not look at the situations. You have to *pass*; just remember this. Fifteen days are not a big thing, but each of you children have to show BapDada with an honest and clean heart that you will *pass* in your dreams, your thoughts, words and actions. Is this possible? Is it possible? *Teachers*, speak! Is it possible? Fifteen days are nothing, but BapDada is asking you to do this as a *trial*. No thoughts are to be *wasted*. No battling, but victorious: *fully* victorious for 15 days. Is it difficult or *easy*? If it is *easy*, then raise your hands! Is it *easy*? Then, BapDada will see this *result* of 15 days. He will then increase it further. Any of you can do it for 15 days, can you not? You are able to do this, are you not? Those from Madhuban, raise your hands! Those of you sitting at the front are from Madhuban, are you not? You are very good. *Double foreigners* and those from *India*, everyone has to do this. Those from the villages and those from the big cities, you all have to keep your *record* for 15 days. Do not make excuses, saying: Why? What? The situation was like that and so... You have to claim 80%. Even so, BapDada is making it light. He is giving you a margin of 20%, because BapDada sees that, in some cases,

while you are moving along, Maya makes you careless and lazy. It was like this, it was like that is a form of *royal* laziness. This *royal* laziness and carelessness makes your intense effort weak, because BapDada is now making each of you students do a *rehearsal* for 15 days and wants you to practise this for some time. This is why He made you all raise your hands. *Ever-ready*. Each of you should be able to raise your hand. You need to practise this over some time. This is why Baba is making you practise this for a short while. Achcha.

How many have come for the first time? Stand up! It is good. Congratulations to you for the day that you have come in front of BapDada. Congratulations. The Father's vision fell on you children and the vision of you children fell on the Father. Many, many congratulations. Achcha. There isn't any other *cake*, but you can eat a *cake* of happiness. It is good. You have come late, but you can go *fast* and claim a *number* ahead. This is why congratulations are given to you by BapDada and by all your companion brothers and sisters. Congratulations. You will become such examples that even those who have come *last* can go *fast* and come in the *first line*. Achcha.

To all of you lamps of hope everywhere who fulfil BapDada's hopes, to those who remain beyond the language of Why? and What? and who remain constantly stable, to those who constantly belong to one Baba and none other, to those who experience the three special relationships in life: the Father, Teacher and Satguru in the one Father, to all of you multimillion times fortunate children who claim your inheritance from the Father, your inheritance of this study from the Teacher and your inheritance of blessings from the Satguru, BapDada's love, remembrance and namaste to every child.

Speaking to the Dadis: (This time, there were very good service programmes everywhere.) All of you have helped everyone very well. No one had to think about how to do it; you thought: We have to do it. With one another's help, all the *programmes* became very good. The sound was spread. Everyone received the message. Now move forward. (Everyone had very good experiences in yoga.) The *topic* itself was to give blessings and so with yoga *programmes*, they all experienced that.

The servers of Punjab Zone: So, according to the *drama*, Punjab received a good *chance* to serve the sannyasis and great souls and you are doing that too. At the time of establishing service in Punjab, you found good, co-operative and heir-quality souls who became instruments. To the extent that there were those who caused upheaval, to that extent, there were also the lion-*quality* souls that emerged. What does Punjab have to do now? You have this speciality. Now, those from Punjab have to prepare a well-known lion who can be a *mike* in a gathering and relate his experience. He should be someone who can be a big *mike*, not a small one. The *VIPs* of the *Government* are a different matter, but, even among the great souls (mahatmas), there are *VIPs*, and so prepare a big *mike* who can make others enthusiastic with his experience. Prepare someone like that; get him or her ready. It is possible, because although people believe that service by the sages and holy men began in the copper age, there aren't any such *examples* of great gurus who can make others or their disciples the same as themselves. However, BapDada has prepared some children who are cleverer than Him who go in front of the *public*. Therefore, Punjab now has to show some newness. *VIPs* come from all directions, but you have to bring such ones here, so that everyone who hears them will awaken and receive the message. Is this possible? We shall see. It does take a little time, but you can prepare someone like that and show everyone. Yes, expansion is taking place.

Blessing: May you become free from care and worry and make anything difficult become easy by remaining aware of the Father's hand and His company.

When your hand is in the hand of an elder, your stage becomes free from care and worry. In the same way, while doing everything, constantly consider BapDada to be with you and that your hand in this alokik life is in His hands. This means that your life is in His hands, and that He is responsible. Put all your burdens onto the Father and become light. The way to remove a burden and make anything difficult become easy is to take the Father's hand and His company.

Slogan: When you have honesty in your efforts, you will experience *extra* help from BapDada.

Avyakt Signal: Imbibe the virtues of sweetness and humility to become great.

If someone is in conflict with you, give that person the water of your love. Don't let go of your virtues of sweetness and humility. Constantly wear your dress of humility. This humility is your shield, which is a means for your *safety*. The easiest way to harmonise sanskars is to make yourself full of humility and sweetness. Give others the elevated seat.

*** O M S H A N T I ***